



Labor & Delivery/ First Hour Newborn Skills Checklist

This profile helps us place you in an assignment suited to your skill level and expertise. This checklist is intended for Labor & Delivery / First Hour Newborn nurses with (1) or more years of experience in their discipline and specialty.

First Name: _____ Last Name: _____

Date: _____ License Number: _____

Please indicate your current level of experience. There are no right/wrong answers.

- 1.) No Experience, Theory Only
- 2.) Limited Experience
- 3.) Moderate Experience
- 4.) Experienced and Competent (2 -3 years)
- 5.) Experienced; Able to teach (3- 5 years)

I. Labor

1. Antepartum Care

- | | | | | | |
|-----------------------------------|---|---|---|---|---|
| a. Hyperemesis Gravidorum | 1 | 2 | 3 | 4 | 5 |
| b. Premature Rupture of membranes | 1 | 2 | 3 | 4 | 5 |
| c. Preterm Labor | 1 | 2 | 3 | 4 | 5 |
| d. Pyleonephritis | 1 | 2 | 3 | 4 | 5 |

2. Aseptic Technique

- | | | | | | |
|--|---|---|---|---|---|
| a. Amnioinfusion | 1 | 2 | 3 | 4 | 5 |
| b. Assist w/ AROW (Artificial Rupture of Membranes Procedures) | 1 | 2 | 3 | 4 | 5 |
| c. Assist w/ Fetal Scalp Blood Sampling Procedure | 1 | 2 | 3 | 4 | 5 |
| d. Assist w/ Placement of Fetal Scalp Electrodes for Internal Monitoring | 1 | 2 | 3 | 4 | 5 |
| e. Assist w/ Placement of Intrauterine Pressure Catheter for Internal Monitoring | 1 | 2 | 3 | 4 | 5 |

	10	20	30	40	50
f. Circulate for Cesarean Section	10	20	30	40	50
g. Circulate, Scrub for Postpartum Tubal Ligation	10	20	30	40	50
h. Insert a Straight or Foley Catheter	10	20	30	40	50
i. Perform a Vaginal Exam and Assess Effacement, Dilatation, Station, Presentation	10	20	30	40	50
j. Scrub for Cesarean Section	10	20	30	40	50
k. Set-Up a Cesarean Section Table	10	20	30	40	50
l. Set-Up a Delivery Table	10	20	30	40	50

3. Assessment During Labor

a. Assess and Documentation of Progression of Labor	10	20	30	40	50
b. Changes in Woman's Behavior, Appearance	10	20	30	40	50
c. Contraction Characteristics	10	20	30	40	50
d. Status of Membranes	10	20	30	40	50
e. Assess and Document Fetal Status:					
(1) Auscultate FHR (Fetal Heart Rate Using Doppler (Doppler Ultrasound)	10	20	30	40	50
(2) Determine Fetal Position	10	20	30	40	50
f. Assess and Document maternal Status					
(1) Asses for Bladder Retention	10	20	30	40	50
(2) Deviations from the Norm (Edema, Deep Tendon Reflexes, Clonus)	10	20	30	40	50
(3) Intake & Output including Testing Urine	10	20	30	40	50
(4) Vital Signs	10	20	30	40	50
g. Use of Fetal Monitor					
(1) Dysrhythmias	10	20	30	40	50
(2) External Monitor	10	20	30	40	50
(3) Tocotransducer, Ultrasound	10	20	30	40	50
(4) Fetal Scalp Electrode Internal Monitoring (Including connecting the Leads and Calibrating Machine)	10	20	30	40	50
h. Pattern Recognition/Interventions:					
(1) Basic Fetal Heart Rate	10	20	30	40	50
(2) Bradycardia	10	20	30	40	50
(3) Sinusoidal (True/False)	10	20	30	40	50
(4) Tachycardia	10	20	30	40	50

(5) Periodic Changes	10	20	30	40	50
(6) Accelerations	10	20	30	40	50
(7) Decelerations	10	20	30	40	50
4. Assist w/ Interventions During Delivery					
a. Assist with Twins or Multiple Births	10	20	30	40	50
b. Assist/Monitor Those Requiring Special Surveillance					
(1) Epidural	10	20	30	40	50
(2) General Anesthesia	10	20	30	40	50
(3) Local Infiltration	10	20	30	40	50
(4) Regional Anesthesia	10	20	30	40	50
(5) Spinal	10	20	30	40	50
(6) Cesarean Section	10	20	30	40	50
(7) Delivery in a Birthing Room Setting	10	20	30	40	50
(8) Forceps Vaginal Deliver	10	20	30	40	50
(9) Vacuum Extraction Delivery	10	20	30	40	50
(10) Labor Room Delivery	10	20	30	40	50
(11) Spontaneous Vaginal Delivery	10	20	30	40	50
(12) Birth out of Asepsis	10	20	30	40	50
5. Medication Administration					
a. Cervical Ripening Agents					
(1) Cervidil	10	20	30	40	50
(2) Cytotec	10	20	30	40	50
(3) Prostaglandin	10	20	30	40	50
(4) Insulin	10	20	30	40	50
b. MgSo4 for Pre-eclampsia	10	20	30	40	50
c. Oxytocin Induction/Augmentation	10	20	30	40	50
d. Patient Controlled Analgesia Pump	10	20	30	40	50
e. Labor Suppressants					
(1) Ritodrine	10	20	30	40	50
(2) Terbutaline	10	20	30	40	50
(3) MgSo4	10	20	30	40	50
6. Immediate Care of Infant Post Birth					
a. Administer I.M. Vitamin K	10	20	30	40	50
b. Administer Eye Prophylaxis Rx	10	20	30	40	50
c. Assess Infant & Assign Apgar	10	20	30	40	50
d. Collect Cord Blood Gases	10	20	30	40	50

e. Collect Cord Blood Samples	10	20	30	40	50
f. Identify Infant using Bracelet, Footprints, & Mother's Band	10	20	30	40	50
g. Infant w/ Maternal History Substance Abuse	10	20	30	40	50
h. Perform Emergency Baptism	10	20	30	40	50
i. Suction Infant	10	20	30	40	50
j. Weigh Infant	10	20	30	40	50
k. Transfer Infant to Newborn Nursery	10	20	30	40	50

7. Interventions During Labor

a. Administer Analgesics	10	20	30	40	50
b. Change Woman's Position P.R.N.	10	20	30	40	50
c. Coach in Psychoprophylactic Breathing and Relaxation Techniques	10	20	30	40	50
d. Monitor Fluid Status	10	20	30	40	50
e. Perineal Prep	10	20	30	40	50
f. Provide Physical Comfort Levels	10	20	30	40	50
g. Provide Care/Monitor After Rupture of Membranes (Spontaneous or Artificial)	10	20	30	40	50
h. Support, Guide Labor Coach, P.R.N.	10	20	30	40	50

8. Intrapartum Care

a. Abruptio Placenta	10	20	30	40	50
b. Asthma	10	20	30	40	50
c. Cardiac Disease	10	20	30	40	50
d. Eclampsia (Seizures)	10	20	30	40	50
e. Infectious Disease					
(1) Group B Strep	10	20	30	40	50
(2) Hepatitis B	10	20	30	40	50
(3) Hepatitis C	10	20	30	40	50
(4) Serpes/STD's	10	20	30	40	50
(5) HIV	10	20	30	40	50
f. Malpresentation	10	20	30	40	50
g. Patient History of Substance Abuse	10	20	30	40	50
h. Placenta Previa	10	20	30	40	50
i. Pre-eclampsia	10	20	30	40	50
j. Pregnancy Induced Hypertension	10	20	30	40	50
k. Premature Labor	10	20	30	40	50

l. Sickle Cell Crisis	10	20	30	40	50
m. Trauma (MVA, ect)	10	20	30	40	50
9. Obstetric Techniques/Procedures					
a. Leopold Maneuvers	10	20	30	40	50
b. Non-Stress Test (NST)	10	20	30	40	50
c. CPR					
(1) Adult	10	20	30	40	50
(2) Infant	10	20	30	40	50
d. Stress Test (Oxytocin Challenge Test)	10	20	30	40	50
e. Triage of OB Patients	10	20	30	40	50
f. Ultrasound for Fetal Position	10	20	30	40	50
10. Phlebotomy/IV Therapy					
a. Discontinue Periphral IV's	10	20	30	40	50
b. Draw Blood					
(1) Arterial Stick	10	20	30	40	50
(2) Central Line	10	20	30	40	50
(3) Venous Stick	10	20	30	40	50
(4) Heparin Locks	10	20	30	40	50
(5) IV Infusion Pumps	10	20	30	40	50
(6) Measure CVP Readings	10	20	30	40	50
(7) Mix IV Infusion Using Additives	10	20	30	40	50
(8) Monitor Blood/Blood Products	10	20	30	40	50
(9) Patient Controlled Analgesia	10	20	30	40	50
(10)Regulate IV's	10	20	30	40	50
(11)Start IV Lines	10	20	30	40	50
11. Postpartum Assessment					
a. Bladder Distension	10	20	30	40	50
b. Episiotomy	10	20	30	40	50
c. Fundus Consistency	10	20	30	40	50
d. Incision for Cesarean Delivery	10	20	30	40	50
e. Lochia	10	20	30	40	50
f. Physical Assessment	10	20	30	40	50
12. Postpartum Intervention					
a. Assess/Foster Parent Infant Bonding	10	20	30	40	50
b. Assist with Initial Attempts w/ Breastfeeding AT/After Delivery					
	10	20	30	40	50
c. Fetal Demises	10	20	30	40	50

d. Fundal massage	10	20	30	40	50
e. Implement Measures to Initiate voiding if Distension Occurs	10	20	30	40	50
f. Interventions for post C-Section	10	20	30	40	50
g. Perineal Care	10	20	30	40	50
h. Post-Anesthesia Recovery Care					
(1) Epidural	10	20	30	40	50
(2) General	10	20	30	40	50
(3) Spinal	10	20	30	40	50
i. Post-Partum Grieving or Depression	10	20	30	40	50

AGE SPECIFIC CRITERIA

Please indicate by circling each age group for which you have expertise in providing age-appropriate nursing care.

- A. Newborn/Neonate (birth – 30 days)
- B. Infant (30 days – 1 year)
- C. Toddler (1 – 3 years)
- D. Preschooler (3 – 5 years)
- E. School age children (5 – 12 years)
- F. Adolescents (12 – 18 years)
- G. Young Adults (18 – 39 years)
- H. Middle adults (39 – 64 years)
- I. Older adults (64 + years)

Able to adapt care to incorporate normal growth and development:
Please circle if you have experience in the following:

- A. Newborn/Neonate (birth – 30 days)
- B. Infant (30 days – 1 year)
- C. Toddler (1 – 3 years)
- D. Preschooler (3 – 5 years)
- E. School age children (5 – 12 years)
- F. Adolescents (12 – 18 years)
- G. Young Adults (18 – 39 years)
- H. Middle adults (39 – 64 years)
- I. Older adults (64 + years)

Able to adapt method/terminology of patient instruction to comprehension:
Please circle if you have experience in the following:

- A. Newborn/Neonate (birth – 30 days)
- B. Infant (30 days – 1 year)
- C. Toddler (1 – 3 years)
- D. Preschooler (3 – 5 years)
- E. School age children (5 – 12 years)
- F. Adolescents (12 – 18 years)
- G. Young Adults (18 – 39 years)
- H. Middle adults (39 – 64 years)
- I. Older adults (64 + years)

Can ensure a safe environment reflecting the special needs of various age groups:

- A. Newborn/Neonate (birth – 30 days)
- B. Infant (30 days – 1 year)
- C. Toddler (1 – 3 years)
- D. Preschooler (3 – 5 years)
- E. School age children (5 – 12 years)
- F. Adolescents (12 – 18 years)
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- H. Middle adults (39 – 64 years)
- I. Older adults (64 + years)

Please read and agree to the statements below by signing and dating the bottom

I attest that the information and statements made in this checklist are true and accurate to the best of my knowledge. I am the individual completing this form. I understand that any falsification will be the basis for disqualification of employment. I authorize Signature Healthcare to verify the information I have provided and to contact past employers and references concerning my ability, character and employment record. I release all such persons from liability for furnishing said information. I hereby authorize Signature Healthcare to release this Labor and Delivery/Newborn Nursery Skills Checklist to client facilities in relation to consideration of employment as a Traveler, Contract or Per-diem worker with those facilities.

Signature

Date



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